

WPPC-WA GRAD SUPPORT

Suggested Care Package Items/Boodle Guidelines For Soldiers

As the temperatures are quite hot now, please avoid sending things that will melt, such as deodorant, some soaps, chapstick, and chocolate (until November).

For All Soldiers:

Compressed Toilet paper. Toothbrush/toothpaste/mouthwash/dental floss/breath strips. Soap with case/shower gel/anti-bacterial hand soap/hand sanitizer. Nail files (emery boards)/nail clippers/tweezers. Q-tips/cotton balls. Toothpicks. Baby powder. Shampoo/conditioner/hair gel/hair spray (pump) Lotion/Avon skin-so-soft. Eye drops (moisturizing) / saline mist nose spray. Travel size Kleenex, Deodorant, Combs/brushes, Disposable razors/shaving cream/aftershave lotion. Baby wipes/Clorox wipes. Writing paper/envelopes/black ink pens/mechanical pencils. Lip balm/chap stick/sunscreen (bottle & roll on kind)/Bug Off & bug repellent spray. Bandanas (desert & woodland cami). Mini fans. Batteries (all sizes especially AA). Sewing kit/Sunglasses/small flashlight. Standard bed pillow/pillowcase/. AT&T Prepaid Global Calling Cards. Ziploc Bags. Under Armor (these are t-shirts/undergarments that can be purchased at the Clothing Sales.)

For Female Soldiers:

Feminine Hygiene Products /Hair bands/hair clips

Food Ideas:

Instant Oatmeal/individual box cereal. Jello snack packs/Hunts Snack Puddings. Pre-sweetened Kool-aid/Pre-sweetened Lemonade Mix. Powder Gatorade/Crystal Lite Powder Drink Mix. Kraft Handi snacks. LifeSavers/Certs/Tic Tacs/Chewing Gum/Lollipops/Tootsie Rolls/Hard Candy. Snack cakes/Rice Crispy Treats/cookies, Cups of Soup/Noodles. Milk & Cereal

Bars/Granola Bars/Power Bars, Peanut butter & crackers. Pop Tarts/Pop Tart sticks. Marshmallows. Frito Scoops/Pringles/Doritos (snack size packs). Snack Crackers. Individual snack size chips. Trail mix/Chex Mix. Tuna snack kits/canned chicken/Sardines. Slim Jims/Beef Jerky/summer sausage/M&Ms/Skittles/Chiclets. Dried Fruit/individual applesauce/canned fruit with pop tops. Canned & instant soup, Nuts/Raisins (individual bags/boxes). Individual packaged pies

Writing & Fun Materials

Dice. Disposable Camera. DVDs & VHS Movies. Music CDs. Electronic Hand Held Games.. Puzzle Books/Mad Libs/Joke Books/Comic Books. Magazines/paperback books. Jump rope/stress ball. Travel Board Games/Mini Etch-a-sketch Playing Cards. Crossword Puzzle Books. Blank Greeting Cards (for soldiers to send home).

Prohibited Items:

Illegal substances.

Alcoholic beverages.

Explosives (including fireworks).

Offensive materials, including photos, drawings or any other material which may have the potential to offend members of the opposite sex, members of another race, background, nationality, religion, or ethnicity.

No pork or pork by products.

No fresh meat, fruits, or vegetables.

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