



Northeast Ohio
West Point Parents Club
Plebe-Parent Guide
Class of 2012

INTRODUCTION

Welcome to the wonderful world of West Point parenting!

Most West Point parents agree that the first year is the most difficult, not only for plebes but for their parents as well. This guide has been designed to help you through this special time in your lives as you support your son or daughter and survive their plebe year yourself!

We hope this manual will answer most of your immediate questions and offer helpful advice which has been gathered over the years from the members of the Northeast Ohio West Point Parents Club and other parents from all over the United States who have gone through the same experience. Remember, you are not alone and there is plenty of support out there.

Our goal is to provide a means of communication between the Academy and cadet parents. We offer opportunities for fellowship and mutual support among parents whose sons and daughters are undergoing a rugged academic, physical, and military training program. We are a friendly bunch and we hope you will join the Northeast Ohio West Point Parents Club. Our activities will give you an opportunity to meet other parents who are going through or have gone through the same experiences.

To assist you during your plebe year, we have asked a club member to be your mentor. Your mentor is available to help you anytime you need answers or just need a sounding board. They have volunteered to help and are fully capable of assisting you. Please do not hesitate to call them at any time. If they are unavailable, feel free to call any board member.

Our MENTOR Family is: _____

Phone: _____ E-Mail: _____



This guide is dedicated to Bill and Dolly Smith,
the 1993-94 parents who created the first Plebe Parent Guide.
Their dedication and hard work has paved the way
for Ohio parents who have cadets at West Point.

The Plebe Parent Guide is intended only to supplement information you receive from the official West Point source. Please refer to the West Point Information for New Cadets and Parents Booklet and the Parents Almanac as well. Both of these are sent to you from the Director Of Admission. Also, remember this is the ARMY! Anything can change at any time!

NEOWPPC Executive Board, 2008-2009:

President:	Jim and Kathy McCleary '09	330-686-7946
Vice-Presidents:	Steve and Marty Hannah '10	330-653-5657
Treasurers:	Liz and Kevin O'Brien '11	330-425-1559
Secretaries:	John and Jackie Rylander '11	330-688-3210
Membership:	Bill and Sue Bright '11	440-238-1247
Newsletter:	Mike and Annie Skinner '10	330-499-1106
Mentor Program:	Bill and Sue Bright '11	440-238-1247
Activities:	Niki and Ken Pearce '11	440-582-1806
Webmaster:	Ray and Mary Ellen Sefchik '10	216-749-7252
Alumni Representatives:	Gary and Sue Davison '06, '02	330-833-7905
	Dennis and Claudia Price '07	330-725-7231

Committee Chairs:

Army/Navy:	Jim and Kelly Beavers '10	440-358-9627
Military Ball:	Rob and Maureen Gibson '10	216-932-9167
Minority Recruitment:	to be determined - Summer 2008	
Tail Gating:	Lynn and Denae Freshly '09	330-745-9725
Historical and Archives:	COL George Qua	216-721-0880

Class Representatives:

2009	Linda Sudyk	440-241-1836
2010	Jay Summer	330-286-0376
2011	Pat and Marcy Rowell	330-628-0853
2012	To Be Determined at June Picnic	
Past President:	Gwen Haas '09	440-605-4000

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NOW...OR YESTERDAY

1. Read everything your cadet has received from West Point again. Follow instructions exactly.
2. Be sure the offer of admission has been accepted – return gray postal card.
3. Complete and return all paperwork requirements to West Point. Keep copies of everything.
4. Purchase items to be taken to Reception Day (R-Day) on June 30, 2008. Travel light; one small bag. Check the “Instructions for Candidates” for other required items and restrictions. The cadet should take the items listed below. Additional items may be sent after the academic year begins.
 - a. Requisitioned low quarters and combat boots (two pair – one for hot weather, during Beast, and one for cold weather) - well broken-in and highly polished. A memorandum authorizing advanced purchase of combat boots and low quarters can be downloaded from the Admissions website after acceptance. (Do not buy the highly shined Officer style shoes)
 - i. You may buy these at an Army-Navy surplus store or Military Base uniform shop. Bring the letter of admission for entry into the base to make the purchase
 - ii. You can also fax this memo with your cadet’s letter of acceptance to AAFES (mail order) to order. The contact for AAFES is Bridgitte Brown at 214-583-5126
 - iii. You may find these on e-bay, but be sure to get the correct wear
 - iv. You may purchase them at the PX in Pennsylvania
 - v. You may wait and get them on R-Day however it is better to have them broken in by R-Day and not “brand new”
 - b. A pair of well broken in running shoes
 - c. Razor – safety razor with shaving cream or electric/battery operated
 - d. Wrist Watch – sturdy, inexpensive, waterproof, with an alarm and lighted dial
 - e. One 8 X 10 picture in a frame or an 8 X 10 collage
 - f. Alarm clock – battery operated
 - g. Females - Sports bras (clasp bras tend to fall apart; bring 2x as recommended). Barrettes the same color as hair (no bobby pins, shiny barrettes, or rubber bands allowed in hair during CBT)
 - h. Small (mini-mag) flashlight with extra batteries
 - i. Nail clipper or small key chain pen knife (a Leatherman or Gerber type tool works well) to remove threads from uniforms
 - j. Small lint-free cloths/rags for shining shoes (Swiffer or old nylon hose work great)
 - k. Small address book – completely filled out including important dates
 - l. Stamps and supply of home-addressed stamped envelopes and stationary
 - m. Finger nail polish remover (small) to remove lacquer finish from brass
 - n. Chap-Stick
 - o. Band aids and moleskin for feet (many)
 - p. Gold Bond medicated foot powder
 - q. All white crew socks without logos, stripes or colors – may need more than you are issued
 - r. Toothbrush – if you like a particular brand

- s. Prepaid phone cards; no cell phones are allowed during Beast
 - t. Shout Wipes (to clean spots on white uniform)
 - u. Emery board or small square of sandpaper
 - v. Disposable camera
 - w. Lighter
5. R-Day is Monday, June 30, 2008. **Make hotel/motel reservation for R-Day, if attending ASAP.** If your family budget can only handle one trip to West Point, you may want to save it for Plebe Parent Weekend.

For a list of nearby hotels, see page 31.

Be sure to double-check your reservation/cancellation/late arrival policy when calling. Expect the general practices for reservations/cancellations and guarantees for late arrival to be different from what you may be accustomed to in other areas.

6. Make additional hotel/motel reservations for Acceptance Day (Saturday, August 23, 2008), Plebe Parent Weekend (Saturday, March 14 - Monday, March 16, 2009) and Graduation (*probably* May 26, 2012, but any hotel scheduling this early, the Thayer, will know for sure). We cannot emphasize enough the need to make lodging reservations **early**.
7. Set up a checking account with direct deposit capability and one parent as a co-signer. Obtain an ATM/Debit card for your new cadet as well as for one parent.
8. Convince the cadet to RUN! Remember, West Point in the summer is hot and HUMID!!
9. Have your candidate register to vote in Ohio, his/her permanent residency. Call the County Clerk's office for information and the procedure for requesting applications for absentee ballots.
10. Subscribe to Prospective Net at <http://www.west-point.org/parent/prospective.net/> and get answers to any and many questions online.
11. Order The Sourcebook for West Point Parents, published by the Parents Club of West Point. This is an excellent reference including information about your cadet's 4 years at West Point, transportation, restaurants, lodging, events, and references to website and other sources. You can order a book by sending a check for \$20 made payable to The Parents Club of West Point and a second check for \$5 made payable to Juana Di Bisceglie (shipping cost) to Juana Di Bisceglie, 101 Paterson Ave., Hasbrouck Heights, NJ 07604. Home phone 201-288-2799. JuanaD@aol.com.
12. While this may sound crazy, go to this link and print out the "Parents Guide for Graduation Week 2007" <http://www.usma.edu/publicaffairs/graduation2007/2007gradbook-web.pdf>
By reviewing a typical graduation week now, you will be better prepared when you make your 2012 plans. These guides won't be out until after you've had to made several decisions for your own cadet's graduation.

JUNE

1. Join the Northeast Ohio West Point Parents Club. Dues are \$60.00 per year and a membership form may be downloaded from <http://www.west-point.org/parent/wppc-ne-ohio/>
 - a. Attend our June “Almost a Plebe” Potluck Picnic held at Redwing Picnic Shelter in Hinckley Reservation on Friday, June 6, 2008. This is a good time for new cadets to meet new classmates and returning cadets from Ohio. Parents can also meet parents from other classes and have any questions answered.
2. Re-read Information for New Cadets/Parents, West Point Parents Almanac and Instructions for Candidates Offered Admission.
3. Check out this web site for very valuable information: <http://www.west-point.org/parent/plebe-net/links.htm>. This is the most complete site of links and includes several links under these headings: Plebe Year, USMA Links, Shopping, Web Sites to Visit, Travel, Memory Pages, Mailing Addresses, and Tickets & Lodging. Bookmark this site as you will refer to this it again and again over the next 4 years!
4. Continue to encourage your cadet to RUN.
5. Check to be sure that West Point has received all necessary paperwork.
6. Complete application for a major credit card for your cadet. It is good for a cadet to have it in EMERGENCY situations.
7. Watch the CBT video prior to your cadet leaving for West Point. Contact the Admissions Participants for copy of the CBT video. Watching the video helps prepare your cadet for the stress of R-Day and the 6 ½ weeks thereafter know affectionately as “Beast Barracks.”
8. For male cadets, it is a very good idea to get a short haircut (but not shaved) before departing for West Point. For female cadets, it is generally best to have a hairstyle that is above the collar in a “wash & go” mode. Long hair can be kept if it can be worn in a manner that is above the collar and can be styled quickly. As a New Cadet and Plebe, the cadet wants to be “low profile”, and cannot afford time fixing hair.
9. Obtain a copy of Bugle Notes so your cadet can start learning and memorizing plebe knowledge. The Notes can be obtained at the cadet store for \$25.00 to \$35.00 during any candidate visit to West Point. You may also borrow a copy from a club member. This will really help during Beast and the whole plebe year. **DO NOT** take a copy of Bugle Notes to West Point when reporting to R-Day!!
10. Get your cadet a telephone credit card, 800 number or phone cards. This is especially important during CBT, or Beast Barracks, when phone time is difficult to arrange. After the start of the academic year, the cadets will have phones in their rooms and they are allowed to have cell phones.
11. Subscribe to Plebe-Net at <http://www.west-point.org/parent/plebe-net/> and continue to get answers to all your questions.

12. Mail from home is extremely important the first year. To facilitate friends and relatives sending mail, make out post cards, stamped envelopes, or pre-printed labels with your new cadet's address to hand out to his/her closest friends and relatives.
13. You may consider having your cadet's friends write to him at his high school graduation party. Provide paper and have his friends leave them in a sealed envelope. Then you can be sure they are properly addressed. Be sure to use plain white envelopes with patriotic stamps. You can mail some each day to keep your cadet's spirits up during Beast.
14. While the Army-Navy Game in December seems a million years off, it's not too early to start planning! Our club sponsors a great trip with 2 full busses. If you know you want to go (it's in Philadelphia this year), you will want to order your tickets now. While the weather *may* be nice for the game, it may also be blistery cold. Past club members who have experienced a game in the outdoor seats and in the club level seats swear by the club level seats. These seats give you access to an enclosed, cozy area before and during the game. However, to get club seats you must join the club: the Army A Club at the \$250 level. You can then order game tickets at \$85/seat. While this is expensive, it's worth it if you can swing it. The Army Athletic Association can be reached at 845-938-2322. Tickets for Army/Navy and other home or away games can be purchased at 877-TIX Army. If you decide not to attend the game, tickets are very easy to resell.

R-Day (Reception Day) Monday, June 30, 2008

We strongly suggest that you accompany your cadet candidate to West Point for R-Day if possible. It helps to be able to picture where they are going to be for the next four years and what they are going to experience for the next few weeks.

If you are not going for R-Day, prepare a card for your cadet. Send it with a parent who is going and ask that it be mailed to your cadet immediately from West Point. Be sure the card is addressed as "New Cadet Smith" for example. (Note: Do not include first or middle name.) All Cadets are New Cadets until Acceptance Day Parade and mail must be addressed as such. As far as the upper-class cadets are concerned, New Cadets have no first names. Don't use them. Your New Cadet will have a West Point Post Office Box number issued. Be sure to use that PO Box number.

Be sure the envelope is plain white with no unnecessary writing or stickers on it.

You will receive the R-Day schedule of events with times and locations and a map.

1. Take your cadet out for dinner the night before. Be sure to say all of your good-byes before you get to Eisenhower Hall because you only get 90 seconds for a quick hug after the briefing by the Officer of the Day. Other families make the decision to say goodbye at the airport at home.
2. Make sure your cadet gets as much sleep as possible the night before (this will be difficult for new cadets and parents). For many cadets, R-Day is the worst day of their lives. It is

highly stressful and packed with activities for them and they will need all their energy and alertness.

3. Wear comfortable, tasteful clothes and comfortable shoes.
 - a. Sunscreen
 - b. Binoculars
 - c. Cameras/video camera
 - d. Rainwear
 - e. Bottled Water
 - f. Backpack, tote bag or fanny pack
 - g. Credit card or cash
4. Arrive at West Point early to allow time for the Military Police to direct you to the parking areas. Take everything with you that you will need for the rest of the day – you won't be back to your car until after the R-Day Parade at the end of the day. Shuttle buses will take you from the parking area to Eisenhower Hall.
5. You and your new cadet will report by social security number and wait about an hour in the line winding down the Eisenhower Hall steps. Be sure your cadet has the post card he received and was asked to bring. However, one cadet did find out in 2004 that they will take you even if you forget it!
6. While waiting in this line on R-Day, you may want to call the Thayer Hotel if you wish to stay there for your cadet's graduation in May 2012. They will know the date. Phone number: 845-446-4731 or 800-247-5057. All the area hotels have differing policies, but the Thayer does take reservations for your cadet's graduation starting early (7:00am) on his R-Day. However, they can and do require a sizeable deposit to hold your rooms now. Be sure to reserve all the rooms you think you will need. Also, graduation activities fill the week, so you'll want to reserve rooms starting the Monday or Tuesday of graduation week. Most other hotels do not make reservations until January 1, 2011 for 2012 graduation. Call around ahead of time.
7. After the briefing in Eisenhower Hall and saying your good-byes to your candidate, you will be told where to go to get your candidate's mailing address and Beast Company assignment. Be sure and stop by The Northeast Ohio West Point Parents Club table upstairs. Also you will have the opportunity to sign up for lunch tickets at one of the sites on post, buy football tickets, and buy 2011 souvenirs which are only available on R-Day. There are vendors who will take your boodle orders and have them shipped to your new cadet to arrive after Cadet Basic Training (CBT).
8. You will have time to walk around (not on) the Plain area (this is the field directly in front of the barracks and the monument to General Washington) and the Trophy Point. The Plain is hallowed ground and not to be walked on by pedestrians. You will not be allowed in the Cadet Area, which is beyond the chains in front of the barracks and Washington Hall.
9. There are several tours and seminars scheduled for parents. We strongly suggest you attend them. In addition to being very interesting, there is important information given out that will help you better understand what your candidate will be going through. They often show pictures of what the candidates go through on R-Day and you will learn more about

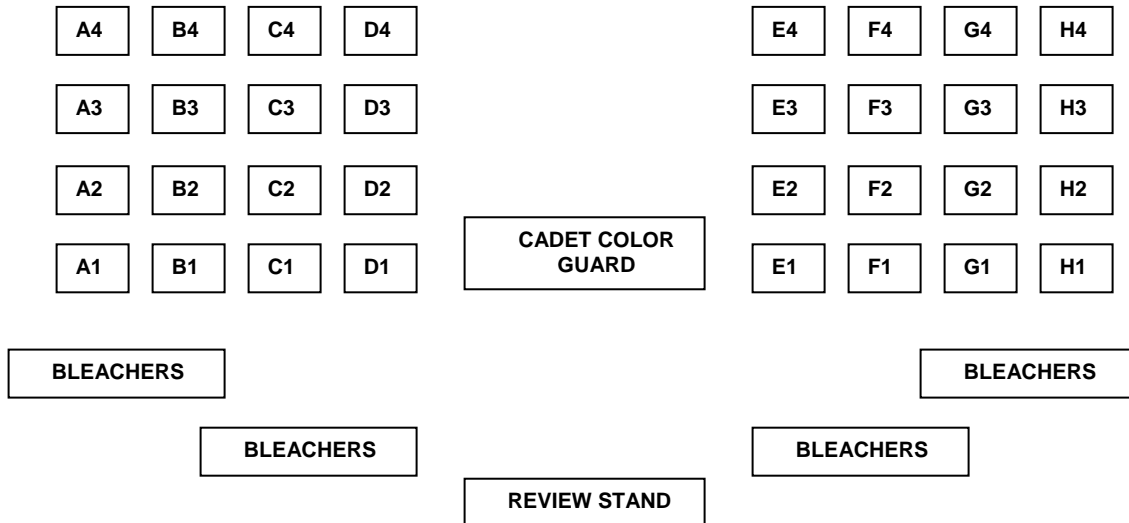
West Point, the Academy, and all the rich traditions surrounding this historic area.

10. Around 5:00 or 6:00 PM (you will be given a “firm” time – depending, of course, on the weather) there is a “Parade of Plebes” on the Plain and which may end at Trophy Point for the swearing-in ceremony. This swearing-in ceremony formally ends R-Day (at least for the parents!).
11. There is one more opportunity to get another glimpse of your candidate. It is at the Evening Retreat (flag lowering) ceremony, held after dinner in the triangle in front of Washington Hall. This will probably occur after the buses have stopped running. The buses run until 7:00, so you’ll want ride the bus to bring your car down to the level of the Plain to avoid a hike back up the hill. Good parking can be found at Arvin Gym, Eisenhower Hall or just past Trophy Point.

Swearing In Ceremony

If the swearing-in ceremony will be held on the Plain, plan to get to the bleachers about an hour before the parade. It gets very crowded. The diagram will give you a rough idea of how the companies will be situated on the Plain during the parade.

If the swearing-in ceremony is to be at Trophy Point, it is a smaller area and it will be difficult to have a good view of the candidates except as they march to and from Trophy Point. Look for the company flag marker for your son or daughter to be near when they take their oath.



Candidates will be lined up by height, tallest in the front, for each company. This may help you pick out your candidate during the Pass in Review.

Up until now your sons and daughters have been called “candidates.” Only when they have taken the Oath during the swearing-in ceremony at the Parade will they be called “new cadets” (a form of address they will grow to loathe). Later in August, after they complete CBT and are accepted into the Corps of Cadets at the Acceptance Day Parade, will they be addressed as “cadets.”

R-Day Helpful Hints for Families

1. The cadre needs to practice for R-Day. They do this on the Friday before R-Day and welcome family and friends to volunteer to act as new cadets. This gives the parents a new perspective on what R-Day is all about!
2. Don't worry about where you need to go when you first get to West Point. On R-Day, the entire operation of the post is geared toward the arrival of the new class. There will be plenty of signs and help.
3. Remember that every family is there for the same reason. Make friends and establish contacts. Many of the people there will be local (a relative term on the east coast), and will be a great source of information and support in the future.
4. Plan to walk a lot! Plan to walk uphill a lot!! Take the post shuttle whenever you can, but walking leisurely is the best way to experience West Point – as a visitor that is.

R-Day is the first day of Beast Barracks, as this “basic training” is affectionately known! Some new cadets will actually enjoy the adventures and challenges it brings but not all! It's a time when a group of high school graduates become soldiers and prepared to enter the Corps as West Point Cadets.

“Duty-Honor-Country. Those three hallowed words reverently dictate what you ought to be, what you can be, what you will be. They are your rallying points, to build courage when courage seems to fail, to regain faith when there seems to be little cause for faith, to create hope when hope becomes forlorn.”

General Douglas Mac Arthur, Farewell Address to Corps of Cadets, 12 May 1962

Cadet Basic Training

Cadet Basic Training (CBT) “Beast Barracks” is a 6½-week training program, which effectively transitions each new cadet from a civilian to a soldier and provides leadership opportunities to the upper class. This is the most physically and emotionally demanding part of the four years at West Point. Mail and encouragement are absolutely vital to your plebe.

1. Mail notes of encouragement as often as possible - humor helps a lot. Send newspaper clipping, cartoons, jokes and letters. They will be most appreciated. Again, remember to address it to “New Cadet [last name only].”
2. Don't expect a telephone call for about 2 weeks. Your cadet can only call when his/her squad leader gives permission and there may be several cadets for every phone. Your cadet will have a limited time to talk (about 10 minutes maximum). Let the cadet do the talking. You do the listening. Be supportive.
3. You will read on Plebe-Net when the calls start coming. During the few weeks immediately after R-Day, your support, understanding, and listening ear are the most important things you can give your new cadet. Encourage them to take things one day at a time and let them know you are there for them.

4. Keep a list of your questions and news by the phone so that when your cadet does get to call, you are ready with your questions without forgetting them or stalling.
5. DO NOT send food or “BOODLE” as it is called, until your cadet tells you that food packages are allowed, probably be the start of the academic year.
6. If you haven’t done so already, make room reservations for A-day and Plebe-Parent Weekend.
7. Once the academic year has begun and the cadets have their new computers, AOL Instant Messaging (AIM), and emailing are wonderful. It is free and a good way to have online conversations with your son or daughter.
8. Check with your car insurance agent to determine if cadet should be removed from policy or reclassified as an occasional driver.
9. Prepare yourself for a “downer” communication after the change in leadership at Beast, usually around the end of July. This is the second particularly stressful day of the first two months.
10. Be sure you do not do anything that will draw attention to your cadet. (No balloons, flowers, etc. if they celebrate a birthday). He/she will want to keep a low profile during Beast. If you have concerns, call your club officers, or mentors. Calling the TAC officer should **only** be reserved for very serious matters, family emergencies, etc.
11. Do not expect a reply to your letters; cadets are busy. It is more important that they receive letters from family and friends during this stressful time.

Slaying the Beast

A new cadet’s daily life begins before 6:00 AM and during Beast Barracks will extend into the evening hours. In addition to extensive military training including military courtesy, marching and handling firearms, the new cadet will be schooled in the traditions of West Point and will learn what it takes “to make it.” For some, going from “top of the class” to “low person on the totem pole” can be a major adjustment for new cadet and parents. His/her lifestyle will undergo a complete transformation when they are totally immersed into a military setting. Stress is a major part of the program along with the ability to memorize data, learn military drill, courtesy and the “West Point Way.” It is a time when all are in need of encouragement and support since you may hear a lot of negative reaction on the part of your new cadet. Insist that they hang in, insist that they give it a fair trial. Staying power and the ability to perform well under stress is the hallmark of a West Pointer.

JULY

Independence Day At West Point

West Point has a wonderful Independence Day evening concert followed by fireworks. In the past, the plebes attend and set up front. If you can make arrangements to attend, you will see the new cadets march in from 4 walkways to the concert shell. It’s a great event and a chance to catch a glimpse of them.

AUGUST

The last week of Beast is spent at Lake Frederick, a military camp on the West Point reservation, where the new cadets will bivouac (camp out), learn military skills, have a variety/skit night and select their class motto. Their class motto will be proudly displayed during the Long March back to the Academy grounds.

March Back, Monday, August 18, 2008

We suggest that, if you can, be at West Point in August to watch the March Back.

In past March Backs, there was an opportunity to catch a glimpse of your new cadet during a short break for drinks and a snack at Round Pond (on the West Point Reservation). The companies marched in one at a time beginning about 6:00 AM, with the Honor Company (the one scoring the most points) in the lead. Watch your Plebe-Net emails for more specific details for this year's March Back as it appears it may be scheduled for later in the morning than in the past.

The community of West Point turns out to welcome the class of proud plebes. The Military Academy Band and the four Army mules meet them at Washington Gate, as well as many alumni. The last two miles wind through the West Point community and the Long March culminates in a Pass-in-Review of the Superintendent's Quarters.

Some items to bring:

- a. Camera/video
- b. Signs. We suggest you make up several signs welcoming them back to "the Point." The emotional lift that you will give not only your cadet, but also those new cadets who won't have family members present cannot be expressed in words. Be sure not to use your new cadet's name as they prefer to be invisible and have no attention drawn to them.

If it's been a hot and humid summer, you may "smell" them before you can actually "see" them!

If your new cadet is a football player, he will be in practice and will not march back.

Reorganization Week

Reorganization Week, commonly called "REORGY" is not considered a fun time by any plebe. It is probably not the worst time they will experience, but it may come close! It comes just as the newest cadets are feeling happy and proud that they survived "Beast" and are looking forward to being cadets in the fullest sense. However, during this week, the rest of the upperclassmen are returning from their various summer activities and have nothing better to do than keep plebes fully occupied. It lasts less than a week, but really dramatizes the fact that there are now three upperclassmen for every plebe. During this week, each plebe will move in with a new roommate(s) from his or her own class and become part of one of the 32 companies that make up the Corps.

Each company is made up of cadets from all the classes. The upperclassmen have leadership roles. Yearlings (sophomores) will be team leaders. This entails taking care of and teaching one or two plebes. They will take their plebes to pick up their computers, books, etc. The cows (juniors) act as the company NCOs (non-commissioned officers), and the firsties (seniors) act as the company officers. This company will be their home for the next year. They will receive their first homework assignment before the first day of class on Thursday. Such is the Thayer method of teaching.

First Day of classes – Thursday, August 21, 2008

Acceptance Day Parade – Saturday, August 23, 2008

Summer training for all classes officially culminates with the Acceptance Parade (an impressive ceremony) on August 23 at approximately 10:00 AM (time of the parade is subject to change – check with your new cadet prior to August 23). Be sure your cadet knows you are coming and pre-arrange a meeting place when they are released after the parade.

It is at this ceremony that the plebes are allowed, for the first time, to wear their white hats, a traditional symbol of having been formally accepted into the Corps of Cadets. They are no longer “New Cadets.”

This is one of only two parades that are totally dedicated to a particular class during the entire West Point experience (A-Day and Graduation) and include the complete Corp of Cadets.

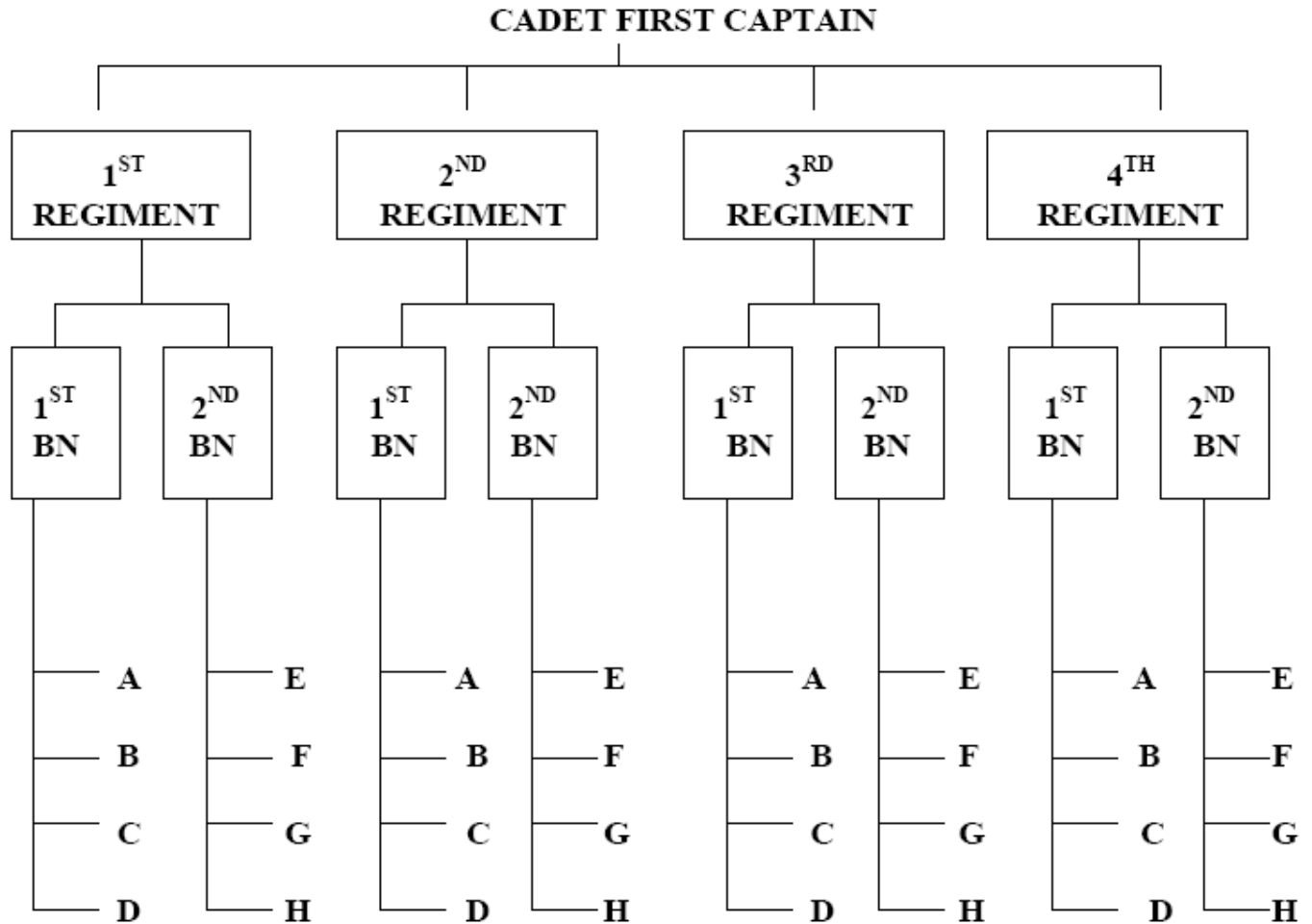
The new cadets will march out and line up in front of the bleachers facing Washington Hall or the Plain. The rest of the Corp of Cadets will march out and face the bleachers. After the new cadets are accepted into the Corp, they march to join their academic companies (may be different from their Beast Companies).

There are four regiments (1, 2, 3, 4). Each regiment has two battalions and each battalion has four companies. First battalion is made up of companies A, B, C, and D. Second battalion is made up of companies E, F, G, and H.

Get seats early! We suggest you bring a book to read, umbrella (as a courtesy you will close if in the bleachers during the parade) or hat for shade, camera/video, bottled water and binoculars

As you sit in the bleachers, facing Washington Hall, the first regiment will be to your left, the second and third regiment will be in the middle and the fourth regiment will be to your right. If your cadet were in company G2, that means that he/she is in the second regiment (G2), company G (G2), and G falls within the second battalion. They would be the third section back, just left of center, in the formation.

**ORGANIZATION OF THE CORPS OF CADETS
DURING THE ACADEMIC YEAR**



BN = Battalion

Letters denote cadet companies

After A-Day Parade

After the A-Day parade, the cadets will return to their barracks for final orders. After they have completed their duties and are released by their company, they are free to visit family and friends.

The times they are released can vary greatly by company. Do not be worried if you see many cadets long before yours arrives.

Many families plan picnics on the grounds of West Point within walking distance of the barracks. If you do not want to wait, possibly hours, arrange ahead of time where your picnic will be set-up so your cadet can meet you there. Try to find a shady spot. Canopies and RV's are great on this day.

A-Day marks the first day they are allowed food in their rooms. Consider either bringing a plastic container or shop in Highland Falls or at the Post Exchange for a container to act as the "boodle

box.” Your cadet may also want to shop for school and cleaning supplies, etc. Double check on allowed sizes.

Walking Privileges:

Boundaries are – to the North, within the main gates; to the South, Bear Mountain traffic circle, including Bear Mountain Inn and the park that is adjacent; to the East, the west band of the Hudson River; and to the West, western side of 9W, including 11 businesses on the west side of the road.

If you have a hotel room within Walking Privileges, they may visit with you there. This allows them the opportunity to get out of their uniform and slip on a pair of shorts, provided they do not venture outside your motel room. “Walking Privileges” really translates into how far they are allowed to venture “off post,” be it walking, riding, regardless of where you are staying.

Your cadet will likely nap, regardless of where you are. This is their first low-stress break in several weeks. This is also a great time to entertain cadets whose parents cannot travel to West Point for this event.

Cadets eat for a reduced price at the Thayer on Sunday. There are also breakfast places to eat at in Highland Falls.

Do not be surprised if your cadet is torn between having you stay late on Sunday afternoon of Acceptance Day weekend and asking you to leave early. Homework is required for the first day of class, the very next day.

After You Return Home From A-Day

1. Keep sending notes of encouragement.
2. You will hear the worst from your cadet.
 - a. Be a good listener.
 - b. Be positive.
 - c. Be understanding.
 - d. Be encouraging.
 - e. Encourage the use of humor to get through the tough times.
 - f. **Do not** ask how he/she likes it. Postpone this question for about 20 years.
 - g. Remind them to take it “**One day at a time**” and don’t take things personally.
3. Prepare to send a boodle box (goodies and snacks). Good boodle items include:
 - a. Cup of noodles, instant soups, and instant oatmeal.
 - b. Beverage mixes - spiced apple cider, instant tea, cappuccino mixes.
 - c. Immersion heater. This can be purchased at Target or Wal-Mart and will heat water to boiling.
 - d. Stainless steel mug (travel cup) or any big mug for the soups, noodles, coffee etc.

- e. Beef jerky seems to be a hit for every cadet and don't be surprised when they ask for salsa and chips to be sent to them.
- f. Power bars, granola bars, "shock waves", Tang, energy powdered drink mixes are always appreciated
- g. There are several specialty shops that will deliver boodle to your cadet. Faculty and officers' wives own one of the more popular "Piece of Cake". They will prepare treats and deliver them in a discreet manner, and have provided quality services to many a parent.
- h. Visit <http://www.west-point.org/parent/parent-forum/gifts.html> for more gift ideas.

Sending mail and packages policies have changed in the last year. Double check on <http://www.west-point.org/parent/plebe-net/links.htm> or ask on the Plebe-net for the most up-to-date information so your correspondence gets to your plebe.

- 4. Cadets receive and set up their computers during REORGY week. This is the time to set up an online service if you haven't already. Most cadets feel the email is their bloodline to home, family and friends. Many parents are asked to pass out the cadet's email address to all interested parties and they do love hearing from friends, teachers, and family members.
- 5. Join the Plebe-net if you haven't already. This is a wonderful list-server that provides information, hints, ideas and a dialog to all parents new to the experience of West Point parenting. Join at <http://www.west-point.org/parent/plebe-net> . The two most important sites are <http://www.west-point.org/parent/parent-forum> and <http://www.west-point.org/parent/wpp-net>

The Academic Year

The Academic year commences immediately after REORGY week. Please refer to the West Point 08-09 Academic Calendar for dates. You can link to this through <http://www.west-point.org/parent/plebe-net/links.htm>

Classes usually have less than fifteen students and are very challenging to even the brightest students.

Encourage your plebe not to neglect his/her academics. It is 60% of their class rank (Military – 25% and Physical – 15%). Class rank is very important all 4 years, and especially when your cadet picks his branch the beginning of his fourth year. It will really affect his future.

Each company has tutors to help cadets who struggle and should take full advantage of them.

Classes begin creating stress of another type. The Thayer method of instruction is study and application first with explanation later. This is a unique approach that usually creates frustration until adjustment is made.

On top of the NEW academic strain, there are also plebe duties, room management and personal military inspections.

Upperclassmen are also "helpful" in reinforcing everything and then some. This is when your cadet learns the most efficient way to manage time.

Sunday is a day of relaxation, unless the plebe has a specific duty. They are free to sleep late, attend church if they wish and do as they please until the Sunday evening study period. Due to the heavy academic schedule, many cadets use Saturday afternoon and Sunday to study.

Sponsor Program

Each plebe will have the opportunity to sign up for the West Point Sponsor Program. Encourage your cadet to do so. Military personnel living at West Point volunteer each year to help cadets as personal sponsors. This is a place where cadets can go, when invited, to relax in a family environment. They also become friends with the sponsor and their families and this is another great source of advice.

For those experiencing some problems with their studies, additional instruction (AI) is available to all cadets. Each instructor at the Academy has only one responsibility, and that is to help the students learn and succeed. They are available each day to provide special help to any cadet that schedules an appointment. They will not come to the cadet, even when they know the cadet needs aid.

SEPTEMBER

Labor Day Weekend, August 30 – September 1, 2008

Labor Day Weekend is *traditionally* a great time to visit your plebe!

It is a time of relaxation, catching up on sleep, and enjoying the fact that most of the upperclassmen are on leave. They are proud to be able to show you their new world, and you help to give your plebe a fresh start.

The plebes may be given leave or restricted to walking privileges into Highland Falls.

There is a home football game against Temple at 7:05 PM on Friday August 29, 2008.

Your cadet may be able to take a pass for the Labor Day Weekend and come home but cadets cannot leave until Saturday morning August 30. Cadets must attend home football games. However, a three-day weekend makes for a short visit when driving from West Point. If you live close enough, your cadet may rent a car and visit home. Avis in Newburgh will rent to cadets under age 25 with insurance and a credit card. Reserve a car by calling them directly at 845-564-4400. Do not call the 1-800 Avis line for this.

Feel free to ask a Firstie parent if their cadet is driving home (cadets are allowed cars on base after spring break of their Cow year). They may be willing to give your plebe a ride.

However, if you decide to visit West Point instead, the weather in New York is usually beautiful this time of year, making it a great time for a visit. Also, the plebes are more than ready for a familiar, friendly face.

It should be noted that the upperclassmen are generally off-post for the Labor Day weekend, so your cadet can spend time with the family virtually hassle-free.

In addition, the cadets can go into the Hotel Thayer. It isn't easy to have privacy during this weekend, but the time you spend with your cadet is more than worth it.

During the first year, the plebes get one pass each semester. Sometimes additional passes can be earned. Passes may not be allowed if there are academic or disciplinary problems.

1. Encourage your cadet to get involved in the many different clubs and activities that West Point has to offer. These offer a nice break from the stress of academics. This will also keep your cadet's life better balanced. West Point has more opportunities than almost any university your cadet could have chosen.
2. Football weekends, if you can make them, are special times at West Point. There is an energy in the atmosphere that has the Corps charged up. This is also the most beautiful time of the year as the leaves turn and a cool crisp chill often fills the air. By the end of the first semester, plebes have been able to work things out and learn how the system works.

If you want to have brunch with your cadet at the Thayer, we suggest you call the hotel and make reservations. They will not take a reservation for a party of less than ten. However, there are many people in small groups waiting in line to get in. Without a reservation, it can be a very long wait. It should also be noted that at this brunch (which, by the way, is the best culinary event in the area) the cadets eat for half-price; however, please verify this with the hotel before making reservations.

OCTOBER

Columbus Day October 13, 2008, will be a class day.

NOVEMBER

Veterans Day November 11, 2008, will be a class day.

1. Prepare for a happy Thanksgiving.
2. Let your cadet's mood dictate your plans. Your cadet may just want to spend "quiet" time at home or they may want to spend all their time with their friends who are also home for the holiday. He/she will notice every change in the home, so avoid major remodeling, especially of his/her room!
3. Continue sending notes of encouragement through the month, but especially after the cadet returns from Thanksgiving leave.
4. Get Christmas gift ideas from your cadet. CD players, CD's (remember they will be able to have their stereo system in their room after the Christmas break), DVD's, headphones,

sound machines, camera, and silk long underwear to keep them warm seem to be popular gifts.

5. Encourage your cadet to join clubs of interest. These clubs frequently have weekend field trips that provide the cadet with an opportunity to “get away”. Looking forward to special times away from the post sometimes helps the plebe blues.

Thanksgiving Leave: November 26 – November 30, 2008.

1. This is a great time to celebrate and to give thanks for what is possibly the first visit home for your cadet since R-Day.
2. Cadets are released at the end of their duty (after last class) on Wednesday.
3. Plebes are *usually* due back at 7:00 PM on Sunday.
4. Be sure to make transportation reservations early. This leave is a Superintendent’s leave. He grants this leave and it is not charged to the cadets.
5. For major holidays, West Point arranges bus transportation to major airports for a fee. If your cadet is going to fly home, he/she will need to purchase a “round trip” bus ticket prior to the holidays. Cadets must be very specific about which airport they are using, i.e., Kennedy, LaGuardia, Newark or Stewart, because they cannot always buy tickets from the bus driver on the day of their departure and, if they can, the price is higher than pre-purchased bus tickets. This holds true for all grounds and air travel to and from Stewart in Newburgh West Point for all holidays. Sharing a taxi may be workable to. Should your cadet get to the airport earlier than the scheduled flight, he/she can usually be “wait-listed” on the next flight out and for the most part will get on the earlier flight with no trouble.
6. For parents who want to drive to West Point to pick up their cadet, the cadets are often able to leave shortly after noon the Wednesday before Thanksgiving. Check with your cadet to find out when he/she will be able to leave, and agree on a meeting place. Due to recent security increases, visitor’s areas are more limited.
 - i. There are also trains, which leave from Garrison Station, across the Hudson from West Point, which go to New York for connecting trains and buses. To use this option, the cadets need to arrange to share a taxi or get a ride to and from the station. The total cost for the taxi could be over \$25 one-way, so sharing is a good way to minimize the cost.

DECEMBER

Army Navy Game

1. Hop on the bus and travel to Philadelphia, Pa. for the Army-Navy game on Saturday, December 6, 2008. This is the oldest collegiate football rivalry in the nation (and, unfortunately, Army is behind at the moment). The NEOWPPC organizes the annual trip that includes a fun-filled bus ride, hotel room, transportation to and from the game, and hospitality rooms. This is a great chance to see your cadet and their friends.

Be sure to take the following:

- a. Layer lots of very warm clothing – West Point parkas
- b. Disposable warmers
- c. Rain/snow/sleet gear
- d. Binoculars
- e. Camera/video

Those who have gone to an Army Navy Game in the past say nothing else compares to watching the cadets parade on the field prior to the game and being part of the excitement is nothing like being at an Army Navy Game - live!

2. Send Term End Exams (TEE) boodle.

Winter Leave: December 20, 2008 – January 4, 2009

(for links to USMA schedules and calendars see - <http://www.west-point.org/parent/plebe-net/links.htm>)

1. Enjoy, your cadet's first extended visit home. Be prepared for a very changed young man or woman.
2. Make travel arrangements early.
3. Finals are finished according to class schedules. Leave is scheduled to begin after your cadet's last duty.
4. If your cadet needs to fly home, the safest option is to schedule a flight late in the day of the last TEE because it is impossible to predict each cadet's leave time until about a week before. By then, it is too late to get reasonable tickets at the times you want.
5. Check the GMC bus schedules via Plebe-Net and plan bus travel time as well as arrival time at the airport 1½ hours before the scheduled flight.
6. If your cadet is flying out of Stewart, he/she will not need to be at the airport as early as one of the larger airports. Travel arrangements home from winter leave are left to the individual cadet since their departure times differ according to TEE schedules. Cadets are not allowed to change exam times to accommodate flight schedules.

7. This will be the first opportunity for your cadet to really spend time with his/her hometown friends. Expect late nights and not seeing your cadet much.
8. Gift suggestions for a plebe with such a limited lifestyle include the list below. Excellent buys for some of these items are available to the cadets at the Cadet Store.
 - a. Stereo, radio, CD player along with tapes and CDs (each company makes their own rules concerning use of radios, stereos, etc).
 - b. Camera and film or disposable cameras
 - c. A new watch, battery powered alarm clock, rechargeable electric razor – to replace the old ones from Beast, a dress watch
 - d. Phone Cards
 - e. Silk or Polypropylene Long Underwear (October gift? Great for AM formation)
 - f. A picture-book frame (that stands on a desk and can be opened to store many photos)
 - g. Electric Fan
 - h. Computer accessories and supplies: printer diskettes, DVDs, speakers, RAM, etc.
 - i. Gift certificate for brunch at the Thayer Hotel or gift certificates for local restaurants
 - j. Plain, gold studs for females (dress regs)
9. Remember to have your son bring full dress uniform, and your daughter, dress mess, home if you and they are planning to attend the Military Ball over the break. It is truly a wonderful evening and an experience you won't get outside of the military. Try it at least once.
10. Have your cadet sign a tax form prior to going back to West Point. This will save frantic correspondence around tax time.
11. The hardest farewell often comes when your plebe returns to West Point after the first winter leave. The time spent home is so much fun and the freedom feels so good. It is tough going back to the regimentation where everything including the weather is so very gray. This is aptly referred to as the "gloom period." Intersession usually helps, but be prepared for about a two-week readjustment period once the academic semester starts. Cadets will have new rooms and roommates for the spring semester.
12. If your cadet has signed up for the Sponsor Program, be sure to include his sponsor family on your holiday card and/or gift list.

JANUARY

January brings the time of year at West Point known as the "Gloom Period". The sky is gray, the uniforms are gray, the buildings are gray, even the snow is likely to be gray, so it is no wonder that this time is referred to as the "Gloom Period." However, from this point on, the year gets progressively better!

1. Your cadet may experience an emotional roller coaster being back at West Point after two weeks of freedom. Listen and offer encouragement.

2. Cadets will move into their new rooms after they return from holiday break. Understand that adjusting to a new roommate(s) may be causing additional stress (or celebration) for your cadet. It seems like the academy is returning to the old practice of “scrambling” not only roommates, but between companies.
3. It is Super Bowl time. Your cadet’s mentor will most likely have a Super Bowl party. Encourage your cadet to go.
4. Martin Luther King Jr. Holiday January 19, will be a class day.

FEBRUARY

1. Make inquiries regarding Spring Break and airfares.
2. Keep up with the correspondence, send a Valentine to your plebe or contact one of the boodle suppliers in the area and order a special cookie treat or cake for your cadet.

Presidents Day February 16, 2009, is observed and may be 3-day weekend pass opportunity for your cadet. Some cadets will go to the city or to friends’ homes in the area.

MARCH

Spring is starting to appear at West Point and Gloom Period is officially over this month.

1. Remind your cadet to send any tax information needed for the April deadline. W-2’s for cadets are sometimes difficult to get, but they should have received instructions on how to print them online.
2. Plebes are granted spring break March 13 – March 23. Many will make plans to travel on trips with fellow cadets.

Plebe Parent Weekend: Saturday, March 14 – Monday, March 16, 2008

March brings Plebe Parent Weekend (PPW). This is the first weekend of Spring Break and is your opportunity to visit your cadet in his/her environment, and they are very anxious to show you all around the post and all that they have learned and accomplished. Plebe-Parent Weekend is an absolute must for all parents who can possibly make it.

Above all, do not miss the Cadet Review (parade) or the Plebe Parent Dinner held in Washington Hall. Tickets are required for some of these events and will be made, but REMIND THEM. Thousands of people come to West Point to visit their cadets. You will never be allowed to see or visit some of these facilities again. This is a once-in-a-lifetime experience.

Activities vary each year, but if possible take in all that you can. There are a few activities that you should not miss, as you won’t get another chance while your cadet is at West Point. Wear warm clothes and comfortable walking shoes.

- a. Visit your cadet's room.
- b. Tour/eat at the mess hall. Your cadet will need to purchase tickets.
- c. Superintendent's Quarters Tours, Quarters 100; a truly splendid tour, and you won't have another chance to do this until graduation week; have your cadet check on the process for signing up and getting scheduled for this.
- d. Cadet Uniform Factory, Building 687; this is a great tour which is offered at no other time; at the end you can purchase Cadet Parkas and Blankets for very reasonable prices; don't miss this great tour (only checks are allowed).
- e. The Department of Military Instruction open house.
- f. Visit Ike (Eisenhower) Hall early to get best selection of class crest memorabilia.
- g. Superintendent's Welcome and Q&A Period
- h. USMA Library, Building 757
- i. Physical Education Department demonstration
- j. Plebe Parent Review, The Plain
- k. Plebe Parent Weekend Banquet and Hop – this is a “dressy” affair
- l. Briefing, “Core Engineering Sequence, Fields of Study, Majors”, Q&A
- m. Academic Department Open Houses – Check schedules for buildings and times; visit the departments your cadet shows some interest in.
- n. If invited by the instructor, sit in one of their classes and observe. Your cadet will know which classes are extending invitations – a great experience!
- o. Bedrock Values Orientation

This is a great weekend. Plan your itinerary ahead of time. Do schedule some time for your cadet to veg out in front of the TV, but make sure you schedule the things you want to do. Bring good walking shoes (as always) and be prepared for any kind of weather. Also, bring some of your cadet's civvies and their favorite music for the hotel. Get plenty of rest ahead of time, because you will leave West Point exhausted.

Cadets are usually allowed a 75-mile radius (Off Post Privileges (OPP)) during Plebe Parent Weekend. Therefore, if you have hotel reservations within 75 miles of West Point, your cadet should be able to visit you as long as he/she does NOT have any duties. Cadets will have to return to the barracks in the late evening. They cannot spend the night in your motel room.

Plebe Parent Weekend - Points To Ponder

1. You will be sent a handbook from West Point with schedules, but here is some advice from cadet parents. Some “words of wisdom” up front.

- h. There may or may not be many big blocks of time with your cadet. This will vary from company to company.
- i. Your cadet must wear his/her uniform at any time he/she is in public.
- j. Your cadet may want to do nothing but sleep and eat. They are still experiencing a very stressful time, so “go with the flow”.
- k.** Consider adopting a cadet for the weekend. Many cadet parents live too far away to travel for this event; even sharing part of your weekend with one or more of these cadets will be appreciated tremendously. Let any Parents Club Officer know if you are not able to attend and we will make sure your cadet is adopted for the weekend.
- l.** Take lots of patience. There is a lot of hurry up and wait during the weekend.

- m.** Be sure and allow ample time to get back to base for reporting time. Remember there are over 1000 cadets trying to get back at the same time, so traffic is heavy at this time and your cadet will be penalized if late even if it is your fault or is totally unavoidable. That is the way West Point is - there are no excuses - period!
- n.** Take some warm clothing, the mornings and evenings are quite cool. Rain is always a possibility so be prepared
- o.** Take bubble wrap or tube socks with you to the formal banquet. You are asked to take your wine goblets with you. They are nicely engraved and with protection and your tote bag they will make it back safely to Ohio!
- p.** Parking is reasonable at Buffalo Soldier Field and the shuttle buses proved to be a good way to get around the post. However, be prepared to wait on the shuttles.

2. Formal Hop:

- a. The formal hop is great! It is a wonderful time for everyone to be dressed in their "Sunday best", and your cadets are allowed to have dates. But if you are going to have your picture taken by Academy Photos, go early or late. The lines can be very long.
- b. The receiving lines are long and you may not end up in the one in which you think you started.
- c. There are two ballrooms, one with more recent music and one with easy listening music. Most cadets and families split during the dance portion of the ball. Many parents leave early while the cadets stay until their time to report back to quarters.
- d. Take a change of shoes for the walk from the Mess Hall where the Banquet is held, to Ike (Eisenhower) Hall where the Hop is held..
- e. Have your cadet take care of these before you get there: Purchase tickets for any mess hall meals (at least once is a must) and for the formal banquet.

3. Other places to go:

- a. USMA Bookstore, 4th floor Thayer Hall will have special hours that include Saturday of PPW.
- b. The gift shop at the West Point Museum and at the Visitors' Center.
- c. The West Point Museum (located behind the Visitors' Center).
- d. Organ Recital at the Cadet Chapel.
- e. Meet their sponsors if they are in town.
- f. The Thayer hotel has a brunch on Sunday. This is well worth the cost (cadets get a reduced rate) and the Brunch has been recommended by all who have eaten there, but go early. Reservations if necessary can be reached at 845-446-4731.

After you return home for Plebe-Parent Weekend

1. Drop the Superintendent a thank you note. A lot of work goes into organizing this weekend.
2. Send your cadet a list of names of Ohio cadets (all classes). It will help start conversations and they do email each other given the opportunity.
3. Begin making plans for Thanksgiving
 - a. Check with your cadet before making flight arrangements. Have cadet confirm times with chain of command.
 - b. Remember that policies do change and your cadet must know current policy.
 - c. Schedule flights leaving ample time for ground transportation as well as other unexpected delays.
 - d. Consider refundable tickets. While they cost more up front, your cadet's schedule may change at the last minute.
4. Send your cadet Halloween candy (individual hard wrapped candy). On Halloween night, the upperclassmen run through the barracks begging for Halloween candy and many a candy/food fight has been fought. Your cadet will appreciate having ammo on hand!
5. It is not too early to begin to make Christmas travel plans, too. Check with other parents. Many times there are companion fares or two-for-one fares that can hook up cadets traveling home together for a reduced rate. There is safety in numbers and they do enjoy traveling together. Cadets are no longer required to travel home in uniforms.

APRIL

1. The APFT (Army Physical Fitness Test) is being administered throughout the month- perhaps earlier or later for athletes. Passing this APFT annually is a requirement. It consists of doing sit-ups, push-ups, and a two-mile run within a given time limit. This is very hard and very important.
2. Check with your cadet before making flight arrangements for summer leave. Cadets must remain at West Point until after graduation exercises have concluded. Permission to leave early is not granted – even for the purpose of attending the high school graduation of a sibling.
3. Take heart that life is less stressful and a little easier for your cadet. Remember, West Point will never be easy and academics will continue to be tough and stressful, but life is a going a little smoother for your son/daughter now.

MAY

1. Talk with prospective cadets and their parents to assist them with making their transitions easier.

2. Breathe a deep sigh of relief – your cadet has survived Plebe year! The first year has been an incredible roller coaster ride for both cadets and parents, especially the moms. Always keep in mind that West Point wouldn't have invited your son or daughter unless they thought they could make it, survive and thrive.
3. Graduation week culminates and ends with graduation on May 23, 2009. Cadets must remain at West Point until after the graduation exercises have been concluded. Cadets of the Class of 2012 will probably be released between noon and 2:00 PM on May 23, 2009.
4. The cadets' gear is delivered to Buckner where they are released after the graduation ceremony. Most drive a rental car or get picked up.
7. It is possible for a cadet to get in an AI (additional instruction or school) in addition to Buckner if they want to use summer break in this way. They should check with their TAC or team leader before spring break about this possibility.

JUNE

1. Encourage your cadet to attend the annual NEOWPPC June picnic. This is a function for our returning cadets, new cadets and families. New cadets need the advice that only can come from someone who has just experience life as a Plebe.
2. Be aware that your cadet may be required to take a class in summer school if academics are not up to par. Don't be discouraged. Your cadet won't be the first one who's done this and will certainly not be the last.

Summer Training

Between the plebe and yearling years, cadets are required to attend Cadet Field Training held at Camp Buckner on the West Point reservation.

After a break of about three weeks, the cadets will report to Camp Buckner for individual, squad and platoon level tactical training. During the second part of the training, cadets will receive orientations to the various branches of the Army, which are designed to assist them in making their branch selections when they are firsties.

Part of this phase includes a multi-day trip to Fort Knox to expose them to tanks and tracked artillery.

Other Helpful Things To Read When You're Not Feeling So Overwhelmed

Maps

The Visitor's Center and the Military Police at the Main Gate have very good maps to help you get around the campus and close by area of West Point. A book map of Orange County,

available at some local stores, shows the entire West Point Military Reservations including Lake Frederick, Round Pond and Camp Buckner. You can download and print maps from <http://www.usma.edu/> under "Welcome," click on "Visiting West Point," then under "Maps" click on either "JPEG" (a large image map) or "8-1/2x11" PDF.

Flight Tickets

Remind your cadet to always have his or her TAC Officer's phone number with them so they can call in the case of a delayed return. Plebes have little free time so it is often easier for parents to make flight reservations if they are necessary. Allow at least two hours for travel between West Point and Kennedy, LaGuardia, or Newark airports. Tickets from travel agents cost the same as from the airlines, so we recommend that you get acquainted with a good, efficient travel agent to help you through the next four years.

Cadets have to buy bus tickets the week or so before breaks at Eisenhower hall. The Plebe-Net will usually remind you that it is time for them to go on sale.

Cell Phones

A cell phone is a good investment at this time. You may want to check your particular carrier's reception while at West Point as reception varies greatly from company to company in the hills and valleys there. Verizon seems to do fairly well for many.

Once the academic year begins, your cadet will have a phone in his/her room. Personal phones in the barracks were installed in the fall of 1998, making communication with your cadet much easier than it had been in the past. Basic telephone service is provided as part of a package of electronic services. West Point charges cadets a nominal monthly fee for the package, which includes dial tone, phone service, Internet access and cable TV service to their computers. Cadets receive a separate monthly bill from Campus-Link, the telephone service provider, for any long distance calls. They will be responsible for all long distance charges on their number. Dialing out privileges are suspended if the account falls in arrears.

Boodle (Care Packages)

Suggested items include: cookies, candy, raisins, nuts, individual packets of drink mixes, trail mix, etc. Newspaper articles of interest to your cadet and cartoons are always welcome. There are several "boodle providers" listed in the Around West Point section of this handbook. Send small but frequent packages rather than large ones because space is limited.

WHO'S Who Of West Point

Plebe – Freshman or member of the Fourth Class
Yearling – Sophomore or member of the Third Class
Cow – Junior or member of the Second Class
Firstie – Senior or member of the First Class

Cadet Finances

Monthly paychecks will be deposited directly to your cadet's bank account. Any bounced check will cause extreme anguish (demerits and extra duty) so remind your cadet to be very careful with check writing. They do not have much money in their accounts the first year so a little extra money for snacks and the rare trip away from the post will be appreciated. The West Point Credit Union operates a branch in the cadet area with a full range of financial services including ATMs. This may be more convenient than a hometown account.

When They Think They Made a Big Mistake...

Link to <http://www.west-point.org/parent/plebe-net/quitting.html>

Be prepared for at least one letter or phone call telling you that your cadet wants to quit. This may happen particularly right after your plebe has had some contact with a friend at another college who tells your cadet about all the free time, parties, and lack of rules or regulations. This may also be brought on by frequent contact with unfeeling upperclassmen. When the problem arises, you may need to remind your son or daughter (and yourself) of the advantages that he/she has now and will in the future:

- ❖ Acquiring the discipline to follow orders
- ❖ Having the responsibility and privilege of leading soldiers
- ❖ Experiencing the challenge of an unparalleled academic schedule
- ❖ Having a student-teacher ratio that is unequalled in any other college
- ❖ Using incredible athletic facilities and participating in a variety of sports
- ❖ Traveling to locations around the country and world
- ❖ Getting paid while going to school
- ❖ Having clothes provided with no worries about what to wear

Be sympathetic and flexible. Try to get your cadet to give it one more day or week! Quitting is a serious decision; there is no second chance. It probably took your cadet a long time to decide to go to West Point. He/she should not reverse this decision based upon one incident or without the same consideration he/she gave it to attend West Point. Remember – one day at a time! Sometimes – during Beast – it can even be one meal at a time!

Encourage your cadet to participate in clubs plus social and athletic activities and to be an active supporter of the Corps. Encourage them to continue any religious practices. Being involved in activities outside of their academics gives them a chance to “decompress” and feel like a regular person instead of just a plebe. Keep in mind at all times that plebe year is a very stressful time, but there are times set aside for fun and parties. It is amazing to see a plebe that literally HATES West Point but who decides to stick it out for a while, become a major leader and defender of the system. But also remember that West Point is not for everyone. Your plebe may not be the type to succeed there. If you sense problems, talk with other parents; you may find others with similar problems who have found something that helped them. West Point chaplains are a resource that may also be of help.

Medical Information

You do not need to worry about medical attention for your plebe at West Point. They have excellent facilities and if the problem is serious, he/she will be sent to Walter Reed Army Medical Center in Washington, D.C. If there is a problem, you will be notified. If you are concerned about your cadet's mental or physical health, call the TAC. While home on leave, your cadet is authorized medical care at any military facility or any hospital in a medical emergency.

Family Emergencies

If there is a family emergency you can contact TAC. You can also call the Central Guard Room (open 24 hrs/day) at (845) 938-2555. If you get a busy signal, keep trying! You will get through.

Visiting West Point During Popular Times

Many parents try to visit West Point during the football season to take in a football game and see their cadet. It is very important to book your accommodations well in advance. If after calling a hotel from an out of town line you are told there are no vacancies, you might try to call from a local line, since some of the hotels reserve a few rooms for local customers. Reservations can be difficult in Highland Falls, but there are plenty of good accommodations within a thirty to forty-five minute drive.

West Point Web Sites

There is an abundance of information on the web, both on the official West Point site and many related sites. There are also Listservs you can join depending on the status of your cadet where you can ask and get any question answered by the moderators and other members (parents) as well.

The West Point official web site: <http://www.usma.edu/>

The West Point Connection web site: <http://www.west-point.org/>

Prospective Net (where you are right now) site: <http://www.west-point.org/parent/prospective-net/>

Plebe Net (where you will be after R-Day) site: <http://www.west-point.org/parent/plebe-net/>

Parent Forum (after completion of plebe year). The moderators will automatically add your name to this forum after plebe year.

Note that listservs generate a lot of email as parents ask many questions. The best way to handle this and not get frustrated is to filter incoming mail into a designated folder. They will also offer archive emails, but I have found this more overwhelming to go through.

Hotels

One thing to remember is that even if the motel has some negative comments, there are times, especially during plebe year, when staying within the walking privileges may be more important than a “perfect” motel.

Closest To West Point

Five Star Inn – Active duty or retired military are authorized to rent rooms. Cadets are also authorized to rent rooms for their family members or adult family friends. Parents of cadets may rent rooms with a copy of their cadet’s military ID card. Reservations may be made no more than one month in advance. Over the summers, it is almost impossible to reserve a room with military orders (i.e. Permanent change of station, etc) have priority. It is also extremely difficult to get reservations for major weekends (Plebe Parent Weekend, football weekends, etc.). But, if you are going to be visiting West Point at an “off” time, definitely try it out. There are two locations – one on post and one off post. The off post facility is much nicer. The on-post facility is older and in need of renovation. The prices are VERY reasonable. Call for more detailed information: 845-938-6816.

HIGHLAND FALLS: (all within Walking Privileges)

West Point Motel	(845) 446-4180
Best Western Palisades	(845) 446-9400
Hotel Thayer	(845) 446-4731, (800) 247-5047
Holiday Inn Express / Ft. Montgomery.....	(845) 446 4277

NEWBURGH:

Holiday Inn - West Point.....	(845) 564-9020
Howard Johnson	(845) 564-4000
Comfort Inn	(845) 567-0567
Super 8.....	(845) 564-5700
Marriott Courtyard.....	(845) 567-4800
Ramada Inn.....	(845) 564-4500
Hampton Inn	

NEW WINDSOR:

Daystop.....	(845) 562-7661
Econ Lodge.....	(845) 561-6620
Fonte’s Motel.....	(845) 561-0284
Days Inn.....	(845) 564-7550
Windsor Motel.....	(845) 562-7777

Farther From West Point (in alphabetical order)

ADDITIONAL HOTELS, MOTELS, BED & BREAKFASTS

Below is a listing of West Point area hotels, motels, and B&Bs (for reference only - not endorsed by the club. Some of these have distances noted. However, if the motel is 5 miles away, it will take longer than 5 minutes to get to West Point in most cases; i.e., Woodcliff Lake, NJ is only 27 miles away, but it takes 40-45 minutes to get to West Point.

City / Name / Type / Phone / Notes (845 area code)

Bear Mountain / Bear Mtn. Inn / H/M / 786-2731
Bloomingburg / Jeronimo Farm / H/M / 733-1219
Bloomingburg / Lakewood Manor Inn / B&B / 733-1161
Campbl Hall / Point of View B&B / B&B / 294-6259
Central Valley / Gasho Inn / H&M / 928-2387 / 11 miles away
Central Valley/ Hampton Inn/ 845-782-9600 / 15 miles away
Central Valley / Harriman Motor Inn / H/M / 928-2266 / 10 miles away
Cold Spring / Country Side Motel / H/M / 265-2090
Cold Spring / Olde Post Inn / H/M / 265-2510 / 18 miles away
Cold Spring / Pig Hill / B&B / 265-9247 / 5 miles away
Cold Spring / Three Rock B&B / B&B / 265-2330
Cold Spring / Village Victorian / B&B / 265-9159
Cornwall / Cadet Motel / H/M / 534-4595 / 7 miles away
Cornwall / Cromwell Manor Inn / B&B / 534-7136
Cornwall-on-Hudson / Cornwall Inn / H/M / 534-2212 / 8 miles away
Crown-on-Hudson / Watergate Motel / H/M / 271-4322 / 12 miles away
Danbury, CT / Danbury Hilton Towers / H/M / 203-794-0600
East Middletown / Howard Johnson / H/M / 342-5822
East Middletown / Super 8 Motel / H/M / 692-5828
Fishkill / Courtyard Marriott / H/M / 897-2400 / 800-321-2211
Fishkill / Hampton Inn / H/M / 896-4000
Fishkill / Holiday Inn / H/M / 896-6281 / 800-465-4329 / 21 miles away
Fishkill/ Holiday Inn Express/845/896-4001
Fishkill / Marriott Residence Inn / H/M / 896-5210 / 800-228-2100
Fishkill / Wellesley Inn / H/M / 896-4995 / 800-444-8888
Fort Montgomery / Bear Mtn. Bridge Motel / H/M / 446-2472
Fort Montgomery / Trading Post Hotel / H/M / 446-3442
Gardner / Country Meadows / B&B / 895-1066
Garrison-on-Hudson / The Bird and Bottle Inn / H/M / 424-3000 / 12 miles away
Goshen / Anthony Dobbins Stage Coach Inn / B&B / 294-5526
Goshen / Best Western / H/M / 800-528-1234
Goshen / Orange Inn / H/M / 294-5144
Greenwood Lake / Breezy Point Inn / H/M / 477-8100
Greenwood Lake / Greenwood Country Motel / H/M / 477-0700
Greenwood Lake / Murphy's Park Inn / H/M / 477-8519
Greenwood Lake / New Continental Hotel / H/M / 477-2456
Harriman / American Budget Inns / H/M / 783-3211 / 15 miles away
Highland Falls / Best Western Palisades / H/M / 446-9400 / 800-528-1234
Highland Falls / Christianna Hotel / H/M / 446-5798
Highland Falls / Palisade Motel / H/M / 446-9400
Highland Falls / Pointer's Echo Motel / H/M / 446-2696
Highland Falls / West Point Motel / H/M / 446-4180
Hopewell Junction / Bykenhulle House / B&B / 221-4182
Hyde Park / Golden Manner Motel / H/M / 229-2157
Hyde Park / Roosevelt Inn / H/M / 229-2443
Hyde Park / Super 8 Motel / H/M / 229-0088
Kiamesha Lake / Concord Resort Hotel / H/M / 800-431-3850
Liberty / Budget Inn / H/M / 292-6620
Mahwah, NJ / Homewood Suites / 201-760-9994
Mahwah, NJ / Ramada Inn / H/M / 800-228-2828
Mahwah, NJ / Sheraton Crossroads / H/M / 201-529-1660
Marlboro / Green Valley Motel / H/M / 562-7700
Marlboro / Marlo Inn / H/M / 236-7085

Middlehope / Ka-Jaz Motel / H/M / 562-7700 / 14 miles away
 Middletown / Blossom Farm Motel / H/M / 795-2320
 Middletown / Days Inn / H/M / 374-2411
 Middletown / Diana's Hotel / H/M / 341-0284
 Middletown / Gino's Motel & Luncheonette / H/M / 343-7820
 Middletown / Global Budget Inns of America / H/M / 374-6040
 Middletown / Globe Hotel / H/M / 341-1262
 Middletown / Heritage Motel / H/M / 361-1211
 Middletown / Holiday Inn / H/M / 342-1474 / 800-465-4329
 Middletown / Middletown Motel / H/M / 342-2535
 Monroe / Arrow Park, Inc. / H/M / 783-2044
 Monroe / James' Motel / H/M / 783-9651 / 21 miles
 Monroe / Lake Ann CC Hotel & Apts. / H/M / 783-6575
 Monroe / Roscoe House, The / B&B / 782-0442
 Montgomery / Days Inn / H/M / 457-3163
 Montgomery / National Hotel / H/M / 457-9590
 Montgomery / Spruce Lodge / H/M / 564-1830
 Montgomery / Super 8 Motel / H/M / 457-3143 or 800-800-8000
 Montgomery / Toulon-Sapicourt / B&B / 457-5770
 Monticello / Best Western / H/M / 796-4000 / 800-528-1234
 Monticello / Friendship Inn / H/M / 794-4700
 Montvale, NJ / Ramada Inn / H/M / 201-391-7700 / 25 miles away
 New Hampton / Global Budget Inns of America / H/M / 374-3020
 New Windsor / Avacar Motor Lodge / H/M / 562-4704
 New Windsor / Days Inn / H/M / 800-262-7073
 New Windsor / Econo Lodge / 561-6620 / 8 miles away
 New Windsor / Empty Nest B&B / B&B / 496-9263
 New Windsor / Fonte's Motel / H/M / 561-9869 / 9 miles away
 New Windsor / Windsor Motel / H/M / 562-7661 / 8 miles away
 Newburgh / Balmville Motel / H/M / 565-4949 / 16 miles away
 Newburgh / Comfort Inn / H/M / 567-0567 / 365 day Max 800-228-5150
 Newburgh / Courtyard Marriott / H/M / 567-4800 / 48 wk. Max 800-321-2211
 Newburgh / Days Inn / H/M / 564-7550 / 12 miles away
 Newburgh / Econo Lodge of New Windor / H/M / 561-6620 / 800-553-2666
 Newburgh / Hampton Inn / H/M / 567-9100 / 8 mos. Max. Advance
 Newburgh / Havarest Motel / H/M / 565-7330 / 14 miles away
 Newburgh / Holiday Inn / H/M / 564-9020 / 800-465-4329 / 13 miles away
 Newburgh / Howard Johnson / H/M / 564-4000 / 13 miles away
 Newburgh / Imperial 400 Motel / H/M / 565-3400 / 14 miles away
 Newburgh / Knight's Inn / H/M / 562-6170
 Newburgh / Marriott Courtyard / H/M / 567-4800
 Newburgh / Middlehope Motel / H/M / 561-0541
 Newburgh / Morgan House / B&B / 561-8806
 Newburgh / Orange Lakes Motel / H/M / 564-1770
 Newburgh / Ramada Inn / H/M / 564-4500 / 12 miles away
 Newburgh / Rhoda Court Motel / H/M / 562-7477 / 14 miles away
 Newburgh / Super 8 Motel / H/M / 564-5700 / 800-800-8000/ 13 miles away
 Nyack / Best Western Nyack / H/M / 358-8100 / 800-528-1234 / 25 miles away
 Park Ridge, NJ / Marriott Hotel / H/M / 800-228-9290
 Pearl River / Pearl River Hilton / H/M / 735-9000
 Peekskill / Peekskill Inn / H/M / 739-1500 / 8 miles away
 Peekskill / Town Lyne Motel / H/M / 737-8202 / 12 miles away
 Pine Bash / Harvest Inn Motel / H/M / 744-5700
 Pine Island / Glenwood House, The / B&B / 258-5066
 Plattekill / Garden Cathay / H/M / 564-3220

Port Jervis / Comfort Inn / H/M / 856-6611 / 800-228-5150
 Port Jervis / Deer Dale Motor Court / H/M / 856-2635
 Poughkeepsie / Best Western / H/M / 462-4600 / 800-528-1234
 Poughkeepsie / Courtyard Marriott / H/M / 485-6336 / 800-321-2211
 Poughkeepsie / Days Inn / H/M / 454-1010
 Poughkeepsie / Dorchester Motor Lodge / H/M / 297-3757
 Poughkeepsie / Holiday Inn Express / H/M / 473-1151 / 800-465-4329
 Poughkeepsie / Sheraton Civic Center / H/M / 485-5300
 Saddle Brook, NJ / Marriott Hotel / H/M / 800-228-9290
 Slate Hill / Ridgebury Inn & Hunt Club B&B / B&B / 355-4868
 Southfields / Tuxedo Motel / H/M / 351-4747 / 15 miles away
 Spring Valley / Susse Chalet Hotel / H/M / 426-2000 / 30 minutes away
 Stony Point / Stony Point Motel / H/M / 942-0681/ 800-523-8384 / 15 miles away
 Suffern / Holiday Inn / H/M / 357-4800 / 800-465-4329 / 23 miles away
 Tarrytown / Courtyard Marriott / H/M / 631-1122 / 800-321-2211
 Walker Valley / Jeronimo Farm / H/M / 733-5652
 Wallkill / Andy's Farm House / B&B / 895-3440
 Wappingers Falls / Sunset Knolls Motel / H/M / 297-3149
 Wartsboro / Days Inn (Tanglewood Motel) / H/M / 888-2727/2415
 Warwick / Inn at 40 Oakland / B&B / 987-8269
 Warwick / Peach Grove Inn / B&B / 986-7411
 Warwick / Warwick Motel / H/M / 986-4822 / 888-892-7942
 Warwick / Warwick Valley B&B / B&B / 987-7255 / 888-280-1671
 West Nyack / Nyack Motor Lodge / H/M / 358-4100 / 24 miles away
 West Point / Hotel Thayer / H/M / 446-4731 / 800-247-5047
 West Point / Lighton Electric Inc. / H/M / 446-4168
 Woodcliff Lake, NJ / Woodcliff Lake Hilton/ H/M / 201-391-3600 / 27 miles away
 Yorktown Heights / Yorktown Motor Lodge / H/M / 243-4000 / 14 miles away

West Point Phone Numbers (Area Code 845)

<u>Agency</u>	<u>Service Phone Number</u>
Admissions	938-4041
Alumni Affairs.....	938-3700
Assoc of Grads Gift Shop.....	446-5869
Beauty Shop.....	446-5774
Cadet Bookstore.....	938-5356
Cadet Counseling Center.....	938-3022
Cadet Hostess	938-3104/4681
Chapels	
- Cadet Chapel	938-2308/4616
- Old Cadet Chapel	938-2433
- Post Chapel	938-2959
- Catholic Chapel	938-2784
- Jewish Chapel.....	938-2766
Credit Union.....	446-4946
(M-F 9-3, Thurs, 9-5:30)	
Credit Union (Out of State).....	1-800-431-1404
Dry Cleaners	446-5777

Eisenhower Hall.....	938-3384
Fine Arts Forum.....	938-2502
Flower Shop.....	446-3848
Football Office	938-2323
Football Ticket Office.....	938-2526 or 446-4996
Gas Station.....	446-5556
Golf Clubhouse.....	938-2435
Hockey Rink.....	938-4236
Hotel Thayer.....	938-4731
Keller Army Hospital.....	938-3004
- Medical/Surgical Ward.....	938-4004
- Emer. Room (after 4:30).....	938-3607
- Patient Admin Division.....	938-5169
- Information Desk.....	938-4724
Michie Stadium.....	938-2330
Military Police.....	938-3333
Ofc of Intercoll. Ath Gift Shop.....	446-3040
Optical Shop.....	446-5786
Review (Parade) Information.....	938-2638/5261
Post Chaplain.....	938-3412
Post Office.....	446-2004
Public Affairs Office.....	938-5650
Sports Information.....	938-3303/3512
Sports Scores.....	938-ARMY
Theater Schedule.....	938-3175
Theater Ticket Info.....	938-2070
Taxi (Commercial).....	446-4520/4588
Visitors' Information Center.....	938-2638
West Point Museum.....	938-2203
West Point Club.....	938-5120

West Point Church Services

Protestant Sunday:	10:30 AM Cadet Chapel
Catholic Mass Saturday:	5:15 PM Holy Trinity
	Sunday 8:00 AM, 9:00 AM,
	10:30 AM, 12 NOON, 5:00 PM
	Daily: 6:20 AM, 9:00 AM
Jewish Family Saturday:	7:15 PM Jewish Chapel
Jewish Orthodox Saturday:	9:00 PM St. Martin's
Southern Baptist Sunday:	10:30 AM Mahan Hall
Church of Christ Sunday:	10:30 AM Foreign Language Lecture Hall
Episcopal Sunday:	8:30 AM Cadet Chapel

Latter Day Saints Sunday:
Lutheran Sunday:

8:30 AM Bartlett Hall
10:30 AM Old Cadet Chapel

2008 Army Football Schedule

Fri, Aug 29	TEMPLE	West Point, N.Y.	7:05 p.m.	ESPN Classic or ESPNU
Sat, Sep 06	NEW HAMPSHIRE	West Point, N.Y.	TBA	ESPN Classic or ESPNU
Sat, Sep 20	AKRON	West Point, N.Y.	TBA	ESPN Classic or ESPNU
Sat, Sep 27	at Texas A&M	at College Station, Texas	TBA	
Sat, Oct 04	at Tulane	at New Orleans, La.	TBA	
Sat, Oct 11	EASTERN MICHIGAN	West Point, N.Y.	TBA	ESPN Classic or ESPNU
Sat, Oct 18	at Buffalo	Amherst, N.Y.	TBA	
Sat, Oct 25	LOUISIANA TECH	West Point, N.Y.	TBA	ESPN Classic or ESPNU
Sat, Nov 01	AIR FORCE	West Point, N.Y.	TBA	ESPN Classic or ESPNU
Sat, Nov 08	at Rice	at Houston, Texas	TBA	
Sat, Nov 22	at Rutgers	at Piscataway, N.J.	TBA	
Sat, Dec 06	vs. Navy (at Lincoln Financial Field)	at Philadelphia, Pa.	12 p.m.	CBS

* Conference Games

Home games at Michie Stadium... Army will serve as home team for Texas A&M contest.
Game times/dates subject to change
All times Eastern and subject to change.
Kickoff times for all Army games will be determined 12 days prior to the date of the game.

Attending an Army football game can be a great opportunity to visit with your cadet and enjoy a beautiful fall weekend at West Point. It is best to work through your cadet to obtain tickets for a game, as seating is reserved to cadet guests near the cadet cheering section. Have your cadet get the tickets as soon as possible.

Parking can be a BIG problem, so plan on allowing plenty of time to locate a spot, then plan a great tailgate party while waiting for the game to begin.

Prior to home games (weather permitting) there are cadet reviews on the Plain in front of Washington Hall. Tickets for the reviewing stands are free but must be requested in advance. They can be picked up at the morning coffee hour for West Point Parents Clubs that is held at the West Point Club the morning of the home football games.

*All Northeast Ohio Cadets and parents are invited to the club tailgate located in the AOG parking lot.

Restaurants

Also refer to <http://www.west-point.org/parent/plebe-net/links.htm>

Here is a partial list of restaurants in the general locale that will offer you a place to have a nice meal with your cadet (All of these are within the thirty-mile limit). The area code is 845 for all those listed

West Point Club – On post near the Plain it overlooks the Hudson River.....	938-5120/446-5504
Hotel Thayer Restaurant – On post by Thayer Gate. Excellent Brunch	938-4021/446-4731
West Point Gray Line Eatery – 521 Main Street, Highland Falls.....	446-1118
Town Diner – 520 Main Street, Highland Falls.....	446-9037
South Gate Tavern – 509 Main Street, Highland Falls.....	446-8747
Schade’s Restaurant – 457 Main Street, Highland Falls.....	446-2626
Dong Fong Restaurant – 433 Main Street, Highland Falls.....	446-2000/446-0763
Park Restaurant – 415 Main Street, Highland Falls.....	446-8709
New World Kitchen (Chinese) – 319 Main Street, Highland Falls.....	446-8000
Great Wall Restaurant (Chinese) – 287 Main Street, Highland Falls.....	446-7777
Andy’s Restaurant – 281 Main Street, Highland Falls.....	446-8736
Acevedo’s Deli Restaurant – 276 Main Street, Highland Falls	446-2222
West Point Pizza – 282 Main Street, Highland Falls.....	446-5544
Benny Haven’s Sports Café (21+) – 295 Main St, Highland Falls.....	446-9041
Chewan’s Family Deli – 156 Main Street, Highland Falls.....	446-7827
Hacienda Mexican Restaurant – 145 Main Street, Highland Falls.....	446-0406
Acorn Old Oak Inn – Route 9W, Fort Montgomery.....	446-3700
Perry’s Café – Route 9W, Fort Montgomery.....	446-4811/783-3783
Bear Mountain Inn - @ Bear Mountain Lodge.....	786-2731
Black Forest Mill – Route 32, Highland Mills.....	928-9895
Painter’s Tavern – Idlewild Avenue, Cornwall-on-Hudson.....	534-2109
Max’s Family Restaurant – 181 Hudson St. Cornwall-on-Hudson.....	534-2540
Canterbury Inn – 331 Main Street, Cornwall-on-Hudson.....	534-2280
Rosebud’s – Route 9W, New Windsor.....	565-6588
Uncle Chu’s – Route 32, Windsor Highway, New Windsor.....	562-2020
Schlesinger’s Steak House – New Windsor.....	
Ponderosa Steak House – 334 Windsor Highway, Vails Gate	652-0410
Yobo’s (Korean) – 1061 Union Avenue, Newburgh.....	564-3848
Steak and Stein – Union Avenue, Newburgh	564-7678
Gasho of Japan, Central Valley.....	928-2277

Local Booodle Providers

Also refer to <http://www.west-point.org/parent/plebe-net/links.htm>

A Piece of Cake & Company – Andria DeVaul
3045A Parsons Place, West Point, NY 10996
845-446-5747

Barbara Hulslander
564-B Connor Loop, West Point, NY 10996
845-446-2083

Budding Boutique –
Mrs. Carolyn Cassidy
P.O. Box 62, West Point, NY 10922
845-446-3831

Cadet Restaurant –
Eisenhower Hall, West Point, NY 10996
845-938-4453/4456

Love a Cadet –
Dagny Henderson
P.O. Box 62, West Point, NY 10996
E-Mail: loveacadet@aol.com URL: <http://www.loveacadet.com>

Nancy Fancies –
Nancy Flowers
West Point, NY 10996
845-446-2946

The Ice Cream Shoppe –
419 Main Street, Highland Falls, NY 10996
845-446-2380 or 800-RUN-ARMY

Area Flower Shops

Also refer to <http://www.west-point.org/parent/plebe-net/links.htm>

Graber Florists –
292 Main Street, Highland Falls, 845-446-2955

Local Points of Interest

Also refer to <http://www.west-point.org/parent/plebe-net/links.htm>

Constitution Island - West Point, two-hour visit includes boat ride, guided tour of Warner House and Revolutionary War fortifications. Wed. and Thurs. at 1 and 2 PM, late June through September. Reservations Required. Call 845-446-8676 weekdays 10-11:30 AM.

Boscobel - Route 9D, Garrison. Restored Federal period house with period furniture and decorative arts. Open dally except Tuesday 9:30-5:00; last tour 4:30 PM. 845-265-3638

Eleanor Roosevelt National Historic Site - Route 9G, Hyde Park. Eleanor Roosevelt's home from 1945 to 1962. Open daily, April-Oct, with access only by shuttle bus from FDR home. Open March, Nov and Dec on weekends only, access by private vehicle. Closed Jan-Feb, with group reservations available. 845-229-9115.

Home of Franklin D. Roosevelt National Historic Site - Route 9, Hyde Park. Birthplace and home of FDR, grounds overlook Hudson River. Rose garden contains graves of FDR and Eleanor. Open daily April-Oct; closed Tues, Wed, Nov-March. 845-229-9115.

Sunnyside -Tarrytown, Rt. 9. 1 mile south of Tappan Zee Bridge, exit 9 off of NY State Thruway. Washing Irving's home on the banks of the Hudson. Open daily 10-5, closed Tues Dec-March. 845-631-8200.

Van Cortlandt Manor - Croton-on-Hudson. On Rt 9, 11 miles north of Tappan Zee bridge. Post-Revolutionary War Estate; antique furnishings, gardens. Tours, special events, picnicking. Open daily 10-3 year-round, closed Tues. Dec-March. 845-631-8200.

Vanderbilt Mansion - Route 9, Hyde Park. Beaux Arts mansion with views of Hudson River. Visits to the mansion by guided tour only; open daily April through October, closed Tues. and Wed. Nov-March. 845-229-9115.

Culinary Institute of America - Found along the Hudson, a former Jesuit seminary as born-again as the CIA; near FDR family home at Hyde Park. Reservations required well in advance. 845-471-6608.

A Final Note

You must constantly reinforce the positive with your cadet. Never let them lose sight of their objective. Your cadet is joining the oldest military institution in the United States from which the likes of MacArthur, Eisenhower, Patton, and Schwartzkopf have all graduated. This is not just a college education. This is an all-encompassing process through which the leaders of the 21st century are developed to be all around leaders. REMEMBER, no one at West Point wants your plebe to fail!! Nothing comes without sacrifice and your son/daughter will make sacrifices during their years at West Point. The reward is overwhelming in the sense of pride and accomplishment. That pride cannot be taken away from them. They have paid the price and when they walk up to get that diploma on graduation day – on one can take away the fact that they have joined the LONG GRAY LINE.

This guide has been lovingly updated to the best of our ability. Please forgive any mistakes, out-of-date information, and changes. We tried to do our best to provide you with the best information available at the time of printing.

Bill and Sue Bright
Membership
2008 - 2009